

2019 Results, Harvest 5K Allentown

Place	Bib	Overall Name	First name	Last name	Team name	City	Age	Gender	Time	Speed (mph)
1	533	Ladner, Matt						M	20:42.5	9
2	514	Slenker, Nick	Nick	Slenker		Allentown	42	M	21:07.9	8.8
3	540	Elsner, Steve						M	21:44.5	8.6
4	538	Paltanavage, Joe						M	22:29.6	8.3
5	429	Arampatzis, Greg	Greg	Arampatzis		Slatington	37	M	22:31.0	8.3
6	515	Slenker, Zachary	Zachary	Slenker		Allentown	10	M	23:39.9	7.9
7	491	Rodriguez, Elizabeth	Elizabeth	Rodriguez		Allentown	23	F	23:57.5	7.8
8	513	Slenker, Amy	Amy	Slenker		Allentown	38	F	24:04.4	7.7
9	473	JURAN, LOUIS	LOUIS	JURAN		Nazareth	68	M	24:13.0	7.7
10	511	Gilhool, Katie	Katie	Gilhool		Allentown	41	F	24:24.0	7.6
11	464	Markowitz, Lisa	Lisa	Markowitz		Allentown	42	F	24:56.7	7.5
12	465	Close, Ryan	Ryan	Close		Allentown	45	M	26:01.8	7.1
13	471	Koons, Amy	Amy	Koons		Breinigsville	34	F	27:15.1	6.8
14	446	Sienicki, Zack	Zack	Sienicki	City Center Allentown	Allentown	34	M	27:47.5	6.7
15	448	Cummings, Steph	Steph	Cummings	City Center Allentown	Allentown	26	F	28:36.3	6.5
16	472	Lillie, Jeffrey	Jeffrey	Lillie	Team Sleepy Cat	Bethlehem	26	M	29:18.6	6.3
17	447	Sienicki, Awilda	Awilda	Sienicki	City Center Allentown	Allentown	37	F	30:12.2	6.2
18	527	Rex, Kathleen	Kathleen	Rex		Fogelsville	65	F	31:49.7	5.8
19	423	Henson, Doug	Doug	Henson		Nazareth	49	M	32:03.2	5.8
20	489	Snyder, Maryann and	Maryann and	Snyder		Center Valley	63	F	32:39.7	5.7
21	500	Carr, Paul	Paul	Carr		Allentown	54	M	32:56.4	5.6
22	445	Rosa, Jim	Jim	Rosa	City Center Allentown	Allentown	51	M	33:09.6	5.6
23	483	Johnston, Lois	Lois	Johnston		Souderton	66	F	33:11.3	5.6
24	438	Lorish, Cynthia	Cynthia	Lorish		Alburtis	51	F	33:53.2	5.5
25	475	Yocco, Lori	Lori	Yocco		Easton	56	F	34:17.4	5.4
26	439	Carlis, Patty	Patty	Carlis		Allentown	70	F	34:26.6	5.4
27	530	Rupnik, Jennifer	Jennifer	Rupnik		Bethlehem	48	F	34:33.8	5.4
28	474	Pepe, Audrey	Audrey	Pepe		Coopersburg	47	F	34:49.0	5.3
29	539	Marquardt, Beth						F	34:52.2	5.3
30	499	Carr, Cindy	Cindy	Carr		Allentown	53	F	34:54.7	5.3
31	484	Johnston, Barry	Barry	Johnston		Souderton	65	M	35:53.6	5.2
32	469	Ornosky, Donna	Donna	Ornosky		East Greenville	57	F	36:19.5	5.1
33	535	Clark, Angela						F	37:04.7	5
34	487	Barton, Lisa	Lisa	Barton	Running in Memory of Ben Woodward	Williamsport	53	F	38:38.2	4.8
35	486	Barton, Brooke	Brooke	Barton	Running in Memory of Ben Woodward	Williamsport	56	M	38:39.7	4.8
36	470	Kroo, Danielle	Danielle	Kroo		Allentown	37	F	39:12.2	4.7
37	481	Emswiler, Mark	Mark	Emswiler		Fogelsville	54	M	39:46.3	4.7
38	529	Lindenmuth, Christine	Christine	Lindenmuth		Whitehall	42	F	39:51.6	4.7
39	524	Salinger, Mary	Mary	Salinger	Galloway Team	Allentown	65	F	40:30.9	4.6
40	512	Thierry, Debra	Debra	Thierry	Galloway Team	Allentown	62	F	41:20.7	4.5
41	521	Kerkusz, Elba	Elba	Kerkusz	Galloway Team	Emmaus	58	F	41:22.2	4.5
42	523	Dunlap, Dawn	Dawn	Dunlap	Galloway Team	Allentown	48	F	41:32.9	4.5
43	222	Herzog, Gwen	Gwen	Herzog		Whitehall	53	F	41:55.2	4.4
44	437	Grace, Ali	Ali	Grace		Orefield	13	F	43:27.8	4.3
45	434	Schwartz, Jacqui	Jacqui	Schwartz		Orefield	49	F	43:41.1	4.3
46	531	Martinez, Shayla	Shayla	Martinez		Allentown	13	F	43:57.6	4.2
47	534	Gaffrey, Carolyn						F	45:47.4	4.1
48	490	Ihm, Fran	Fran	Ihm	Team Sleepy Cat	Coplay	64	F	46:57.7	4
49	516	Deitrich, Eileen	Eileen	Deitrich	Galloway Team	Allentown	64	F	49:01.3	3.8
50	424	Henson, Beth	Beth	Henson		Nazareth	51	F	49:59.8	3.7
51	425	Henson, Shane	Shane	Henson		Nazareth	16	M	50:01.5	3.7
52	463	Frederick, Kay	Kay	Frederick		Macungie	64	F	50:03.2	3.7
53	493	Gerencher, Carrie	Carrie	Gerencher	Team Sleepy Cat	Allentown	41	F	51:20.9	3.6
54	492	Delvillar, Rebecca	Rebecca	Delvillar	Team Sleepy Cat	Allentown	42	F	51:22.6	3.6
55	426	Burkit, Matthew	Matthew	Burkit	Team Sleepy Cat	Zionsville	34	M	51:24.3	3.6
56	433	Urbanavage, Amber	Amber	Urbanavage	Team Sleepy Cat	Whitehall	30	F	51:27.6	3.6
57	443	Dunn, Vikki	Vikki	Dunn	Rose Garden Sole Mates	Allentown	61	F	51:40.8	3.6
58	441	Kirshner, Sue	Sue	Kirshner	Rose Garden Sole Mates	Allentown	70	F	52:16.4	3.6
59	436	Grace, Ben	Ben	Grace		Orefield	17	M	53:23.0	3.5
60	435	Schwartz, Andy	Andy	Schwartz		Orefield	60	M	53:24.8	3.5
61	482	Kanoff, Audrey	Audrey	Kanoff	Galloway Team	Allentown	63	F	53:26.5	3.5
62	517	Klager, Cecilia	Cecilia	Klager	Galloway Team	Allentown	57	F	53:53.4	3.5
63	468	Billings, Lynn	Lynn	Billings	Galloway Team	Andreas	52	F	53:55.0	3.4
64	467	Focht, Kara	Kara	Focht	Galloway Team	Andreas	52	F	53:56.7	3.4
65	536	Fine, Harris						M	55:02.2	3.4
66	537	Fine, Sandi						F	55:04.4	3.4
67	480	Emswiler, Alyssa	Alyssa	Emswiler		Fogelsville	54	F	56:26.6	3.3
68	494	Katz, Martin	Martin	Katz		Coopersburg	65	M	56:28.4	3.3
69	477	Pollack, Lynda	Lynda	Pollack		Allentown	60	F	57:21.8	3.2
70	476	Richter, Charles	Charles	Richter		Allentown	68	M	57:32.2	3.2
71	430	Schindler, Ellyn	Ellyn	Schindler		Nazareth	48	F	57:51.7	3.2
72	432	Schindler, Andrew	Andrew	Schindler		Nazareth	13	M	57:53.4	3.2
73	479	Glazier, Jeffrey	Jeffrey	Glazier	Galloway Team	Allentown	62	M	57:55.2	3.2
74	478	Glazier, Carrie	Carrie	Glazier	Galloway Team	Allentown	61	F	57:57.0	3.2
75	431	Schindler, Michael	Michael	Schindler		Nazareth	53	M	58:14.0	3.2
76	519	Arce, Crystal	Crystal	Arce	Galloway Team	Allentown	37	F	58:15.8	3.2

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77	522	Garin, Patricia	Patricia	Garin	Galloway Team	Whitehall	66	F	58:28.8	3.2
78	488	Salinger, Alan	Alan	Salinger	Galloway Team	Allentown	71	M	1:00:29.0	3.1
79	450	Roose, Arnaud	Arnaud	Roose		Allentown	55	M	1:00:30.7	3.1
80	421	Ortiz, Melissa	Melissa	Ortiz		Emmaus	30	F	1:04:09.6	2.9
Overall - Female										
Place	Bib	Name	First name	Last name	Team name	City	Age	Gender	Time	Speed (mph)
1	491	Rodriguez, Elizabeth	Elizabeth	Rodriguez		Allentown	23	F	23:57.5	7.8
2	513	Slenker, Amy	Amy	Slenker		Allentown	38	F	24:04.4	7.7
3	511	Gilhool, Katie	Katie	Gilhool		Allentown	41	F	24:24.0	7.6
4	464	Markowitz, Lisa	Lisa	Markowitz		Allentown	42	F	24:56.7	7.5
5	471	Koons, Amy	Amy	Koons		Breinigsville	34	F	27:15.1	6.8
6	448	Cummings, Steph	Steph	Cummings	City Center Allentown	Allentown	26	F	28:36.3	6.5
7	447	Sienicki, Awilda	Awilda	Sienicki	City Center Allentown	Allentown	37	F	30:12.2	6.2
8	527	Rex, Kathleen	Kathleen	Rex		Fogelsville	65	F	31:49.7	5.8
9	489	Snyder, Maryann and	Maryann and	Snyder		Center Valley	63	F	32:39.7	5.7
10	483	Johnston, Lois	Lois	Johnston		Souderton	66	F	33:11.3	5.6
11	438	Lorish, Cynthia	Cynthia	Lorish		Alburtis	51	F	33:53.2	5.5
12	475	Yocco, Lori	Lori	Yocco		Easton	56	F	34:17.4	5.4
13	439	Carlis, Patty	Patty	Carlis		Allentown	70	F	34:26.6	5.4
14	530	Rupnik, Jennifer	Jennifer	Rupnik		Bethlehem	48	F	34:33.8	5.4
15	474	Pepe, Audrey	Audrey	Pepe		Coopersburg	47	F	34:49.0	5.3
16	539	Marquardt, Beth						F	34:52.2	5.3
17	499	Carr, Cindy	Cindy	Carr		Allentown	53	F	34:54.7	5.3
18	469	Ornosky, Donna	Donna	Ornosky		East Greenville	57	F	36:19.5	5.1
19	535	Clark, Angela						F	37:04.7	5
20	487	Barton, Lisa	Lisa	Barton	Running in Memory of Ben Woodward	Williamsport	53	F	38:38.2	4.8
21	470	Kroo, Danielle	Danielle	Kroo		Allentown	37	F	39:12.2	4.7
22	529	Lindenmuth, Christine	Christine	Lindenmuth		Whitehall	42	F	39:51.6	4.7
23	524	Salinger, Mary	Mary	Salinger	Galloway Team	Allentown	65	F	40:30.9	4.6
24	512	Thierry, Debra	Debra	Thierry	Galloway Team	Allentown	62	F	41:20.7	4.5
25	521	Kerkusz, Elba	Elba	Kerkusz	Galloway Team	Emmaus	58	F	41:22.2	4.5
26	523	Dunlap, Dawn	Dawn	Dunlap	Galloway Team	Allentown	48	F	41:32.9	4.5
27	222	Herzog, Gwen	Gwen	Herzog		Whitehall	53	F	41:55.2	4.4
28	437	Grace, Ali	Ali	Grace		Orefield	13	F	43:27.8	4.3
29	434	Schwartz, Jacqui	Jacqui	Schwartz		Orefield	49	F	43:41.1	4.3
30	531	Martinez, Shayla	Shayla	Martinez		Allentown	13	F	43:57.6	4.2
31	534	Gaffrey, Carolyn						F	45:47.4	4.1
32	490	Ihm, Fran	Fran	Ihm	Team Sleepy Cat	Coplay	64	F	46:57.7	4
33	516	Deitrich, Eileen	Eileen	Deitrich	Galloway Team	Allentown	64	F	49:01.3	3.8
34	424	Henson, Beth	Beth	Henson		Nazareth	51	F	49:59.8	3.7
35	463	Frederick, Kay	Kay	Frederick		Macungie	64	F	50:03.2	3.7
36	493	Gerencher, Carrie	Carrie	Gerencher	Team Sleepy Cat	Allentown	41	F	51:20.9	3.6
37	492	Delvillar, Rebecca	Rebecca	Delvillar	Team Sleepy Cat	Allentown	42	F	51:22.6	3.6
38	433	Urbanavage, Amber	Amber	Urbanavage	Team Sleepy Cat	Whitehall	30	F	51:27.6	3.6
39	443	Dunn, Vikki	Vikki	Dunn	Rose Garden Sole Mates	Allentown	61	F	51:40.8	3.6
40	441	Kirshner, Sue	Sue	Kirshner	Rose Garden Sole Mates	Allentown	70	F	52:16.4	3.6
41	482	Kanoff, Audrey	Audrey	Kanoff	Galloway Team	Allentown	63	F	53:26.5	3.5
42	517	Klager, Cecilia	Cecilia	Klager	Galloway Team	Allentown	57	F	53:53.4	3.5
43	468	Billings, Lynn	Lynn	Billings	Galloway Team	Andreas	52	F	53:55.0	3.4
44	467	Focht, Kara	Kara	Focht	Galloway Team	Andreas	52	F	53:56.7	3.4
45	537	Fine, Sandi						F	55:04.4	3.4
46	480	Emswiler, Alyssa	Alyssa	Emswiler		Fogelsville	54	F	56:26.6	3.3
47	477	Pollack, Lynda	Lynda	Pollack		Allentown	60	F	57:21.8	3.2
48	430	Schindler, Ellyn	Ellyn	Schindler		Nazareth	48	F	57:51.7	3.2
49	478	Glazier, Carrie	Carrie	Glazier	Galloway Team	Allentown	61	F	57:57.0	3.2
50	519	Arce, Crystal	Crystal	Arce	Galloway Team	Allentown	37	F	58:15.8	3.2
51	522	Garin, Patricia	Patricia	Garin	Galloway Team	Whitehall	66	F	58:28.8	3.2
52	421	Ortiz, Melissa	Melissa	Ortiz		Emmaus	30	F	1:04:09.6	2.9
Overall - Male										
Place	Bib	Name	First name	Last name	Team name	City	Age	Gender	Time	Speed (mph)
1	533	Ladner, Matt						M	20:42.5	9
2	514	Slenker, Nick	Nick	Slenker		Allentown	42	M	21:07.9	8.8
3	540	Elsner, Steve						M	21:44.5	8.6
4	538	Paltanavage, Joe						M	22:29.6	8.3
5	429	Arampatzis, Greg	Greg	Arampatzis		Slatington	37	M	22:31.0	8.3
6	515	Slenker, Zachary	Zachary	Slenker		Allentown	10	M	23:39.9	7.9
7	473	JURAN, LOUIS	LOUIS	JURAN		Nazareth	68	M	24:13.0	7.7
8	465	Close, Ryan	Ryan	Close		Allentown	45	M	26:01.8	7.1
9	446	Sienicki, Zack	Zack	Sienicki	City Center Allentown	Allentown	34	M	27:47.5	6.7
10	472	Lillie, Jeffrey	Jeffrey	Lillie	Team Sleepy Cat	Bethlehem	26	M	29:18.6	6.3
11	423	Henson, Doug	Doug	Henson		Nazareth	49	M	32:03.2	5.8
12	500	Carr, Paul	Paul	Carr		Allentown	54	M	32:56.4	5.6
13	445	Rosa, Jim	Jim	Rosa	City Center Allentown	Allentown	51	M	33:09.6	5.6
14	484	Johnston, Barry	Barry	Johnston		Souderton	65	M	35:53.6	5.2
15	486	Barton, Brooke	Brooke	Barton	Running in Memory of Ben Woodward	Williamsport	56	M	38:39.7	4.8
16	481	Emswiler, Mark	Mark	Emswiler		Fogelsville	54	M	39:46.3	4.7

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17	425	Henson,Shane	Shane	Henson		Nazareth	16	M	50:01.5	3.7
18	426	Burkit,Matthew	Matthew	Burkit	Team Sleepy Cat	Zionsville	34	M	51:24.3	3.6
19	436	Grace,Ben	Ben	Grace		Orefield	17	M	53:23.0	3.5
20	435	Schwartz,Andy	Andy	Schwartz		Orefield	60	M	53:24.8	3.5
21	536	Fine, Harris						M	55:02.2	3.4
22	494	Katz,Martin	Martin	Katz		Coopersburg	65	M	56:28.4	3.3
23	476	Richter,Charles	Charles	Richter		Allentown	68	M	57:32.2	3.2
24	432	Schindler,Andrew	Andrew	Schindler		Nazareth	13	M	57:53.4	3.2
25	479	Glazier,Jeffrey	Jeffrey	Glazier	Galloway Team	Allentown	62	M	57:55.2	3.2
26	431	Schindler,Michael	Michael	Schindler		Nazareth	53	M	58:14.0	3.2
27	488	Salinger,Alan	Alan	Salinger	Galloway Team	Allentown	71	M	1:00:29.0	3.1
28	450	Roose,Arnaud	Arnaud	Roose		Allentown	55	M	1:00:30.7	3.1
F15-under - Female										
Place	Bib	Name	First name	Last name	Team name	City	Age	Gender	Time	Speed (mph)
1	437	Grace,Ali	Ali	Grace		Orefield	13	F	43:27.8	4.3
2	531	Martinez,Shayla	Shayla	Martinez		Allentown	13	F	43:57.6	4.2
F25-29 - Female										
Place	Bib	Name	First name	Last name	Team name	City	Age	Gender	Time	Speed (mph)
1	448	Cummings,Steph	Steph	Cummings	City Center Allentown	Allentown	26	F	28:36.3	6.5
F30-34 - Female										
Place	Bib	Name	First name	Last name	Team name	City	Age	Gender	Time	Speed (mph)
1	471	Koons,Amy	Amy	Koons		Breinigsville	34	F	27:15.1	6.8
2	433	Urbanavage,Amber	Amber	Urbanavage	Team Sleepy Cat	Whitehall	30	F	51:27.6	3.6
3	421	Ortiz,Melissa	Melissa	Ortiz		Emmaus	30	F	1:04:09.6	2.9
F35-39 - Female										
Place	Bib	Name	First name	Last name	Team name	City	Age	Gender	Time	Speed (mph)
1	447	Sienicki,Awilda	Awilda	Sienicki	City Center Allentown	Allentown	37	F	30:12.2	6.2
2	535	Clark, Angela						F	37:04.7	5
3	470	Kroo,Danielle	Danielle	Kroo		Allentown	37	F	39:12.2	4.7
4	519	Arce,Crystal	Crystal	Arce	Galloway Team	Allentown	37	F	58:15.8	3.2
F40-44 - Female										
Place	Bib	Name	First name	Last name	Team name	City	Age	Gender	Time	Speed (mph)
1	464	Markowitz,Lisa	Lisa	Markowitz		Allentown	42	F	24:56.7	7.5
2	529	Lindenmuth,Christine	Christine	Lindenmuth		Whitehall	42	F	39:51.6	4.7
3	493	Gerencher,Carrie	Carrie	Gerencher	Team Sleepy Cat	Allentown	41	F	51:20.9	3.6
4	492	Delvillar,Rebecca	Rebecca	Delvillar	Team Sleepy Cat	Allentown	42	F	51:22.6	3.6
F45-49 - Female										
Place	Bib	Name	First name	Last name	Team name	City	Age	Gender	Time	Speed (mph)
1	530	Rupnik,Jennifer	Jennifer	Rupnik		Bethlehem	48	F	34:33.8	5.4
2	474	Pepe,Audrey	Audrey	Pepe		Coopersburg	47	F	34:49.0	5.3
3	539	Marquardt, Beth						F	34:52.2	5.3
4	523	Dunlap,Dawn	Dawn	Dunlap	Galloway Team	Allentown	48	F	41:32.9	4.5
5	434	Schwartz,Jacqui	Jacqui	Schwartz		Orefield	49	F	43:41.1	4.3
6	430	Schindler,Ellyn	Ellyn	Schindler		Nazareth	48	F	57:51.7	3.2
F50-54 - Female										
Place	Bib	Name	First name	Last name	Team name	City	Age	Gender	Time	Speed (mph)
1	438	Lorish,Cynthia	Cynthia	Lorish		Alburtis	51	F	33:53.2	5.5
2	499	Carr,Cindy	Cindy	Carr		Allentown	53	F	34:54.7	5.3
3	487	Barton,Lisa	Lisa	Barton	Running in Memory of Ben Woodward	Williamsport	53	F	38:38.2	4.8
4	222	Herzog,Gwen	Gwen	Herzog		Whitehall	53	F	41:55.2	4.4
5	534	Gaffrey, Carolyn						F	45:47.4	4.1
6	424	Henson,Beth	Beth	Henson		Nazareth	51	F	49:59.8	3.7
7	468	Billings,Lynn	Lynn	Billings	Galloway Team	Andreas	52	F	53:55.0	3.4
8	467	Focht,Kara	Kara	Focht	Galloway Team	Andreas	52	F	53:56.7	3.4
9	537	Fine, Sandi						F	55:04.4	3.4
10	480	Emswiler,Alyssa	Alyssa	Emswiler		Fogelsville	54	F	56:26.6	3.3
F55-59 - Female										
Place	Bib	Name	First name	Last name	Team name	City	Age	Gender	Time	Speed (mph)
1	475	Yocco,Lori	Lori	Yocco		Easton	56	F	34:17.4	5.4
2	469	Ornosky,Donna	Donna	Ornosky		East Greenville	57	F	36:19.5	5.1
3	521	Kerkusz,Elba	Elba	Kerkusz	Galloway Team	Emmaus	58	F	41:22.2	4.5
4	517	Klager,Cecilia	Cecilia	Klager	Galloway Team	Allentown	57	F	53:53.4	3.5
F60-64 - Female										
Place	Bib	Name	First name	Last name	Team name	City	Age	Gender	Time	Speed (mph)
1	489	Snyder,Maryann and	Maryann and	Snyder		Center Valley	63	F	32:39.7	5.7
2	512	Thierry,Debra	Debra	Thierry	Galloway Team	Allentown	62	F	41:20.7	4.5
3	490	Ihm,Fran	Fran	Ihm	Team Sleepy Cat	Coplay	64	F	46:57.7	4
4	516	Deitrich,Eileen	Eileen	Deitrich	Galloway Team	Allentown	64	F	49:01.3	3.8
5	463	Frederick,Kay	Kay	Frederick		Macungie	64	F	50:03.2	3.7

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6	443	Dunn,Vikki	Vikki	Dunn	Rose Garden Sole Mates	Allentown	61	F	51:40.8	3.6
7	482	Kanoff,Audrey	Audrey	Kanoff	Galloway Team	Allentown	63	F	53:26.5	3.5
8	477	Pollack,Lynda	Lynda	Pollack		Allentown	60	F	57:21.8	3.2
9	478	Glazier,Carrie	Carrie	Glazier	Galloway Team	Allentown	61	F	57:57.0	3.2
F65-69 - Female										
Place	Bib	Name	First name	Last name	Team name	City	Age	Gender	Time	Speed (mph)
1	527	Rex,Kathleen	Kathleen	Rex		Fogelsville	65	F	31:49.7	5.8
2	483	Johnston,Lois	Lois	Johnston		Souderton	66	F	33:11.3	5.6
3	524	Salinger,Mary	Mary	Salinger	Galloway Team	Allentown	65	F	40:30.9	4.6
4	522	Garin,Patricia	Patricia	Garin	Galloway Team	Whitehall	66	F	58:28.8	3.2
F70-74 - Female										
Place	Bib	Name	First name	Last name	Team name	City	Age	Gender	Time	Speed (mph)
1	439	Carlis,Patty	Patty	Carlis		Allentown	70	F	34:26.6	5.4
2	441	Kirshner,Sue	Sue	Kirshner	Rose Garden Sole Mates	Allentown	70	F	52:16.4	3.6
M15-under - Male										
Place	Bib	Name	First name	Last name	Team name	City	Age	Gender	Time	Speed (mph)
1	515	Slenker,Zachary	Zachary	Slenker		Allentown	10	M	23:39.9	7.9
2	432	Schindler,Andrew	Andrew	Schindler		Nazareth	13	M	57:53.4	3.2
M16-20 - Male										
Place	Bib	Name	First name	Last name	Team name	City	Age	Gender	Time	Speed (mph)
1	425	Henson,Shane	Shane	Henson		Nazareth	16	M	50:01.5	3.7
2	436	Grace,Ben	Ben	Grace		Orefield	17	M	53:23.0	3.5
M25-29 - Male										
Place	Bib	Name	First name	Last name	Team name	City	Age	Gender	Time	Speed (mph)
1	472	Lillie,Jeffrey	Jeffrey	Lillie	Team Sleepy Cat	Bethlehem	26	M	29:18.6	6.3
M30-34 - Male										
Place	Bib	Name	First name	Last name	Team name	City	Age	Gender	Time	Speed (mph)
1	446	Sienicki,Zack	Zack	Sienicki	City Center Allentown	Allentown	34	M	27:47.5	6.7
2	426	Burkit,Matthew	Matthew	Burkit	Team Sleepy Cat	Zionsville	34	M	51:24.3	3.6
M35-39 - Male										
Place	Bib	Name	First name	Last name	Team name	City	Age	Gender	Time	Speed (mph)
1	429	Arampatzis,Greg	Greg	Arampatzis		Slatington	37	M	22:31.0	8.3
M45-49 - Male										
Place	Bib	Name	First name	Last name	Team name	City	Age	Gender	Time	Speed (mph)
1	465	Close,Ryan	Ryan	Close		Allentown	45	M	26:01.8	7.1
2	423	Henson,Doug	Doug	Henson		Nazareth	49	M	32:03.2	5.8
M50-54 - Male										
Place	Bib	Name	First name	Last name	Team name	City	Age	Gender	Time	Speed (mph)
1	500	Carr,Paul	Paul	Carr		Allentown	54	M	32:56.4	5.6
2	445	Rosa,Jim	Jim	Rosa	City Center Allentown	Allentown	51	M	33:09.6	5.6
3	481	Emswiler,Mark	Mark	Emswiler		Fogelsville	54	M	39:46.3	4.7
4	536	Fine, Harris						M	55:02.2	3.4
5	431	Schindler,Michael	Michael	Schindler		Nazareth	53	M	58:14.0	3.2
M55-59 - Male										
Place	Bib	Name	First name	Last name	Team name	City	Age	Gender	Time	Speed (mph)
1	486	Barton,Brooke	Brooke	Barton	Running in Memory of Ben Woodward	Williamsport	56	M	38:39.7	4.8
2	450	Roose,Arnaud	Arnaud	Roose		Allentown	55	M	1:00:30.7	3.1
M60-64 - Male										
Place	Bib	Name	First name	Last name	Team name	City	Age	Gender	Time	Speed (mph)
1	538	Paltanavage, Joe						M	22:29.6	8.3
2	435	Schwartz,Andy	Andy	Schwartz		Orefield	60	M	53:24.8	3.5
3	479	Glazier,Jeffrey	Jeffrey	Glazier	Galloway Team	Allentown	62	M	57:55.2	3.2
M65-69 - Male										
Place	Bib	Name	First name	Last name	Team name	City	Age	Gender	Time	Speed (mph)
1	473	JURAN,LOUIS	LOUIS	JURAN		Nazareth	68	M	24:13.0	7.7
2	484	Johnston,Barry	Barry	Johnston		Souderton	65	M	35:53.6	5.2
3	494	Katz,Martin	Martin	Katz		Coopersburg	65	M	56:28.4	3.3
4	476	Richter,Charles	Charles	Richter		Allentown	68	M	57:32.2	3.2
M70-74 - Male										
Place	Bib	Name	First name	Last name	Team name	City	Age	Gender	Time	Speed (mph)
1	488	Salinger,Alan	Alan	Salinger	Galloway Team	Allentown	71	M	1:00:29.0	3.1